



MS. RACHANA CHAUHAN

Qualification: M.Sc. Nursing (Medical Surgical Nursing); B.Sc. Nursing

Designation: Assistant Professor

Description: Ms. Rachana Chauhan is a nursing professional by training and is currently serving as an Assistant Professor, with 10 years of experience in teaching.

She has completed her M.Sc. in Nursing with a specialization in Adult Health Nursing (Cardiovascular and Thoracic Nursing) from Charotar University of Science and Technology, Changa. Presently, she is working as an Assistant Professor at the Institute of Nursing Sciences, Shri G. H. Patel School of Nursing, Bhaikaka University, Karamsad. In addition, she serves as the Member Secretary of Club Natura of the University; In-charge of the Adult Health Nursing Department at the Institute; and Coordinator of the Anti-Ragging Committee. She is also a member of the Institutional Board of Studies (BoS), Steering Committee, Alumni Association, Library Committee, and the SNA and COC Committees.

Her area of specialization is Medical–Surgical Nursing, and her area of interest is Advanced Nursing Practice. She is also trained in providing Jacobson’s Progressive Muscle Relaxation Therapy.

Ms. Chauhan has published original research papers in reputed journals, including the International Journal of Current Advanced Research, International Journal of Nursing Care, International Journal of Creative Research Thoughts, Bulletin of Environment, Pharmacology and Life Sciences, and the African Journal of Biological Sciences.